

#THROWBACK

SUMMER GAMES

JUMP ROPE

MISS MARY MACK, MACK, MACK:

Miss Mary Mack, Mack, Mack
All dressed in black, black, black
With silver buttons, buttons, buttons
All down her back, back, back
She asked her mother, mother, mother
For fifty cents, cents, cents
To see the elephant, elephant, elephant
Jump the fence, fence fence
They jumped so high, high, high
They touched the sky, sky, sky
And didn't come back, back, back
Till the fourth of July, July, Julyworks for us.

DOWN IN THE VALLEY:

STEP ONE

Keep counting at the end of this rhyme until he/she messes up

RHYME

Down in the valley where the green grass grows,
There sat <jumper> pretty as a rose
Up came <a boy in the class, particularly one the jumper likes> and kissed
her on the cheek,
How many kisses did she get this week?
1,2,3,4,5,6,7,.....

TEDDY BEAR:

The fun part about this rhyme is you must perform the actions in the rhyme while jumping!

Teddy Bear, Teddy Bear,
Turn around.
Teddy Bear, Teddy Bear,
Touch the ground.
Teddy Bear, Teddy Bear
Touch your shoe.
Teddy Bear, Teddy Bear
That will do.
Teddy Bear, Teddy Bear,
Go upstairs.
Teddy Bear, Teddy Bear,
Say your prayers.
Teddy Bear, Teddy Bear,
Turn out the light.
Teddy Bear, Teddy Bear
Say good night!

ICE CREAM SODA:

In this rhyme, the jumper can hint who their crush is by missing the letter that their name starts with.

Ice cream soda,
Lemonade punch.
Tell me the name
Of my honey-bunch.
A, B, C, D, E